

TRIP LIST SPRING/SUMMER 2010

2010 Week beginning	Swimming Pool		Cosmeston	Weekend Trips	
	Tuesday (Bay)	Wednesday (Splott)	Thursdays	Saturday	Sunday
29 th March		Rolling –NF		EASTER WEEKEND WHITESAND MH/SE	EASTER WEEKEND WHITESANDS MH/SE
5 th April					RIVER TRIP - LOWER TAFF TH
12 th April	Foundation + Safety Training – PK/MH		Foundation + Safety Training – PK/MH	COACH UPDATE WEEKEND	COACH UPDATE WEEKEND
20 th April	Foundation + Safety Training – PK/MH		Foundation + Safety Training – PK/MH		RIVER TRIP – WYE AG
26 th April	Foundation + Safety Training – PK/MH	POLO – SE	Foundation Safety Assessment– PK/MH	MAY DAY WEEKEND – WHITESANDS DP/SE	MAY DAY WEEKEND – WHITESANDS DP/SE
3 rd May		Rolling - NF		Canoe Camping – DP	Canoe Camping – DP
10 th May		PaddlePower – DP / SE		BIG PADDLE – MH	BIG PADDLE - MH
17 th May		PaddlePower – DP / SE			SEA TRIP – SE/NF
24 th May		PaddlePower – DP / SE		WHITESANDS WEEKEND – MH	WHITESANDS WEEKEND – MH
31 st May	One Star Training Workshop DP/TH/AG	Rolling – NF	One Star Training Workshop DP/TH/AG	Canoe Camping - DP	Canoe Camping - DP
7 th June	One Star Training Workshop – DP/TH/AG		One Star Training Workshop – DP/TH/AG		
14 th June	One Star Training Workshop – DP/TH/AG		One Star Training Workshop – DP/TH/AG		One Star Assessment - DP/TH
21 st June					RIVER TRIP WYE - DP
28 th June					SEA TRIP –SE/NF
5 th July					
12 th July	Two Star Training PK/MH/DP		Two Star Training PK/MH/DP		RIVER TRIP – WYE TH
19 th July	Two Star Training PK/MH/DP		Two Star Training – PK/MH/DP	Canoe Camping – MH	Canoe Camping – MH
26 th July	Two Star Training PK/MH/DP		Two Star Training – PK/MH/DP		Two Star Assessment - PK/MH/DP
2 nd August					SEA – NF/SE
9 th Aug				TRYWERYN – TH	TRYWERYN– TH
16 th Aug	Three Star Training Workshop –MH/SE		Three Star Training MH/SE		
23 rd Aug	Three Star Training Workshop – MH/SE		Three Star Training MH/SE	Canoe Camping – MH	Canoe Camping - MH
30 th Aug	Three Star Training Workshop – MH/SE		Three Star Training MH/SE		Three Star Training MH/SE
7 th Sept					THREE STAR ASSESSMENT MH/SE
14 th Sept	PaddlePower – DP / SE				RIVER TRIP – WYE DP
21 st Sept	PaddlePower – DP / SE				WWSR (TBC)
28 th Sept	PaddlePower – DP / SE				RIVER TRIP – USK MH

PK=Phil Keable DP=Dave Payne SE=Sue Eades MH=Mark Hancock NF=Neil Fletcher AG=Andy Green TH=Tony Howells

Contacts

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