



# IngweNet<sup>©</sup> People Empowerment and Development Trust

*Establishing a New Paradigm of Sustainability for the Individual, Family, and Community*

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Board of Trustees: Dr. Wayne "Ingwe" Lourens (Founder & Executive Director); Dr. E. N. Ngubane-Anderson; (Director) Zweli Mphahleli (Director); G.W. Lourens (British) (Director); D. Bheme: J. Ncube

## **SUSTAINABLE COMMUNITY LIVING COURSES INFORMATION SHEET – COURSE ONE MIDRAND 2009: Sustainable EcoGrowing “Permaculture” Systems**

Thank you for your enquiry regarding participation on our internationally-accredited “permaculture” Course.

Firstly, this Course has been designed around Australian Permaculture practices, and adapted to be sustainable in **ANY** environment, anywhere in the world. The Course development has taken 7 years, and practical sites have been established in South Africa, Switzerland, and Ireland. Many South African sites are in rural communities, where basic skills are being taught.

This Course in Midrand is the first of three Courses that qualify a graduate to practice the field of Sustainable Community Living professionally, with graduates from the individual Courses receiving Diplomas, and graduates completing all three successive Courses receiving a Bachelor Degree from the University accrediting the Courses.

**Course 1: Sustainable EcoGrowing “Permaculture” Systems** will bring you knowledge that enables you to take the first steps towards establishing your own Sustainable Community Living environment, whether it is just for yourself, or your family, or a larger “community”. The purpose of the course is to help you to start a practical EcoGrowing garden for your own food security, and then to help your extended family, your friends, your neighbours, and your community, to grow in a like manner ... and perhaps to help in other impoverished communities as well.

IngweNet’s Sustainable EcoGrowing Systems are so flexible that they can be set up in any environment ... hanging gardens, patio / balcony gardens, roof-top gardens .... as well as open-ground, raised-bed, or “tunnel” gardens. Therefore, it is possible for anyone to have a personal garden providing food and herbs that, at the very least, supplements their supermarket spend with healthy, nutritious, chemical- and pesticide-free produce.

You may decide to take a Commercial License, which allows you to earn an income from what you have learned.

**Course 1: Sustainable EcoGrowing “Permaculture” Systems** is twelve modules in duration, 1 – 2 full day/s a week. You may choose to join a weekday group (Friday or Monday) or a weekend group (Saturday or Sunday). Modules are presented both theoretically and practically, and you’ll be a part of the Group activity in developing an EcoGrowing System practically at the Course venue. Assignments will be designing and setting up a System for your own personal use. The official Course language will be English, perhaps with a bit of esoteric slang thrown in.

### **COURSE DETAILS – MIDRAND – 1<sup>st</sup> AUGUST 2009 TO 26<sup>th</sup> SEPTEMBER 2009:**

**VENUE:** Rhinobeele Backpackers, 204 Allan Road, Glen Austin, MIDRAND.

**DATES:** 1<sup>st</sup> August 2009 (09:00 am), weekly & twice weekly until 20<sup>th</sup> September 2009 (17:00 pm).

**REGISTRATION:** Registration Fee is **R300.00 per person**, and covers pre-course expenses. It is payable immediately. Once your Registration has been accepted, the Registration Fee is non-refundable.

**COURSE FEES:** Course Fees are **R375.00 per person per module** (1 – 2 module/s per week). A module is one day’s course of the 12 active days making up the Accreditation Course. To make the Course more affordable to more people, the Course Fee per Module may be paid weekly or monthly, **in advance**. That is, the fee for the following week needs to be paid at least 7 days before.

**MATERIALS:** At some stages, you will be asked to bring certain materials for the Course. At the opening course day, a list of required materials and the times they’ll be required will be given to you. The main material items are provided separately, and you will not need to supply those items.

Each participant will receive at least one A5-sized full-colour Manual booklet for each module .... some modules have 3 to 4 of these booklets. Together, they form your “User’s Guide” in designing & implementing the IngweNet Sustainable EcoGrowing Systems. In addition, you will receive other printed materials and “tools” to help with your future gardens.

The Course will also be catered, with teas (morning and afternoon) and a light lunch for participants.

At this point, we have not been able to find sponsors to supplement the individual Course Fees and other costs. If you need to, please find a personal sponsor privately – it would benefit you immensely.

Space is limited, so please book early by completing the attached Registration Form (one form per person, in the case of family members wanting to attend together) and sending it back as soon as possible. When your Registration has been confirmed, you will receive the Course Programme by email.

Dr. Wayne “Ingwe” (Ing) Lourens  
Course Presenter.