



Teach your child Good Sportsmanship

Teach them to learn and abide by the rules of the game.

One aspect of good sportsmanship is knowing the rules of the game and playing by them. If a child decides to participate in a given sport, it is his responsibility to learn not only how to play but also how to play according to the rules that have been established. As a parent, this provides a great invitation to interact with your children.

Teach your child to avoid arguments with coaches, officials and opponents.

One of the most common abuses of sportsmanship is when players argue verbally and/or physically assault officials and opposing team members. Not only does this oftentimes make a player look silly and "out of control," but it also forces the player to lose his or her focus on the game. The key here is to teach your children that when they experience anger or frustration during a game, they need to re-channel their energy and focus on a desired outcome such as kicking a field goal or making a tough catch.

Teach your child to share in the responsibilities of the team.

As we all know, a key to good sportsmanship is being a positive influence on your teammates. This includes encouraging players who may be struggling in their performance to accepting defeat graciously. On the opposite end, not tolerating poor conduct from fellow players helps encourage other team members to maintain control. Remember, a player's behavior reflects on the team in general.

Teach your child to encourage and support less talented players.

If your child is a gifted athlete, it is especially important to teach him the value of providing extra encouragement and support to less talented players. Since key players often serve as the natural leaders of their teams, they can often serve as vital instruments in boosting the esteem and performance levels of their fellow players.

Teach your child to always play fair, with honesty and integrity.

Honesty and integrity should be the two hallmarks of any athlete. Good sportsmanship means playing honestly and fairly at all times, and never indulging in any type of cheating.

Teach your child to follow the directions of the coach.

Listening to and following the directions of the coach is another attribute of sportsmanship. Since the coach is the designated leader, it is important that all the players support his decisions, so that the team can work as one unit – not as different members.

Teach your child to respect the other team's effort.

In the field of competition, respect for opponents is critical to good sportsmanship. Hence, applauding the efforts of the other team is a critical value that you can teach your children – no matter whether they are on the winning or losing team.

Teach your child to praise your teammate's efforts.

Everybody loves to receive a compliment when playing sports. If your child learns to praise fellow players during both successes as well as setbacks, he will play a vital role on any team. (On a similar note, no one likes to have a teammate that only complains and bickers about everyone's performance.) As a parent, you too can praise your child after sporting events not only on the basis of performance, but for being a team player.

Teach your child to end the game smoothly, and accept the results.

Good sportsmanship entails emphasizing the joy and excitement of participating, rather than the final outcome. After each game you might ask your child, "What did you do for the team?"

Exhibit sportsmanship yourself, and teach your children about great model athletes.

One of the best ways to teach your children about good sportsmanship, is to practice it yourself. Many of the principles above can be applied at home and in your daily interaction with family members. Your example will have a profound influence.

How to teach your kids respect

One of the most important things to teach children is **RESPECT**. Remember that respect is different from obedience.

Because children fear of parents, they may obey you. Sometimes, children obey because they are afraid. Our goal is to allow them to choose obedience out of respect. Respect means not only the respect giving to parents, but it is the respect towards everything. They should feel respect towards everyone and everything.

Respect is an attitude that we can experience on two levels. The first refers to being polite or civil to others. We generally offer this level of respect to people whom we have just met or who hold a particular position, like a teacher or leader.

Another level of respect is that which we feel toward someone

In order to teach your children respect, the best way is to show the respect. When they feel respect, they can understand what respect means and how important the respect is.

Being respectful to others helps the kids to succeed in life and if they are not respectful with their peers, others, or themselves, it is difficult for them to be successful in their life.

If you have respectful children, then they can take care of belongings, responsibilities, etc. School teaches respect to the children, but the children are influenced by parents.

So, it is your responsibility to make your children respectful. Unless and until you show respect to children at home, they cannot show it to others.



Negative Influence of Television Cartoon

Cartoon is an entertainment part in our life which gives lots of fun to our children. In our day today life where children has almost no place to play outside, cartoon is the thing that brings laughter in the face of a child. However will it be appropriate for us to judge cartoon by only one characteristic, that it only brings laughter to a face of a child? If the answer is positive then now is the time to think about our judgment again. A question may arise how or why? For example, Tom & Jerry is a very popular cartoon. Tom & Jerry are fictional character,



where Jerry is very clever and Tom is little bit of a fool. In this cartoon both of them are fighting with different instruments, which seems funny. But the funny thing which is shown, it is very dangerous for child because in young age children learn those activities from cartoon and want to apply in real life. Now-a-days cartoons continue to play an important role in popular culture and have a magnificent future. In the seventies several classic cartoons were censored when broadcast on television because they were considered a bad influence on children. For example- Tom & Jerry were singled out because the cartoons often showcased explosions, gunshots, physical deformations and weapons. Cartoon characters however always survive these actions which, in the eyes of critics, is an unrealistic message to children who might believe when you hurt or kill someone he will remain unharmed.

It increases aggressiveness and anti-social behavior, makes children less sensitive to violence and to victims of violence, and it increases their appetite for more violence in entertainment and in real life. Cartoon violence damaging to the children, because they cannot tell the difference between real life and fantasy. So, parents have to be careful with the duration their children watch cartoons and also have to highlight that they should not act like the cartoon characters.

Our Purpose

Understanding how stressful life is and living in a demanding community, we offer busy parents some effective tips to help your children succeed in school and life. On your behalf, we search for and provide you with the most practical ideas to promote academic success, effective parenting, a solid home-and-
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